



CLC STRIDERS COMMITTEE MEETING

**Thursday 11 November 2021 at 20:15
Via Zoom**

AGENDA

1. Minutes of the Last Meeting
2. Actions from the previous meeting (see table below)
3. Treasurers update - Eoin
4. Membership update – Gavin
5. Training – Amelia / Captains
6. Staverton 10 – Eoin
7. Club Welfare Policy and admission of under 18's – Matt/Jon
8. Social events update – Tom (by exception)
9. Events update – Rachel (by exception)
10. Kit update – Laura (by exception)
11. Any other business
 - a. Report writing for events/races - Will
12. Date and location of next meeting



CLC STRIDERS COMMITTEE MEETING

Thursday 11 November 2021 at 20:15
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MINUTES

In attendance

Amelia Mullins
Eoin McQuone
Gavin Jerman
Jon Howes (Chair)
Laura Daubney
Matt Ashman
Rachel Vines
Sophie Longmore
Tom Kabala
Will Pearce

Apologies

Karlien Heyrman

1. Minutes of the last meeting

The minutes of the last meeting were agreed and accepted as an accurate record. There were no further comments.

2. Actions from the previous meeting

See table at the end of the minutes for all completed and outstanding actions.

3. Treasurer's update - Eoin

Bank Balances

	Balance	Previous Balance	Movement
Main Account	£6516.36	£6476.86	+£39.50
Social Account	£179.00	£339.00	-£160.00

Notable Transactions since last meeting (14th Jan)

Date	Description	Payment	Receipt
01 Oct 21	LIRF training for Andy Brookes and Paul Northrup	280.00	
01 Oct 21	Midland Road Relays (Ladies)	78.00	
01 Oct 21	Midland Road Relays (Men)	55.00	

Others

Christmas meal - 9 People

4. **Membership update – Gavin**

Membership statistics @ 11 Nov 2021

- 101 athletes on the books (3 second claim)
- all athletes have paid membership fee and are registered with EA until 31 March 2022

Changes since Committee Meeting 16 September 2021

- 5 new members
- 6 resignations

England Athletics fees for 2022/23

- club affiliation fee will remain at £150.
- athlete registration fee will increase to £16 from £15 (first increase in 5 years.). We may need to incorporate this £1 increase into our 2022/23 club membership fees.

Action: decision to be taken at the January meeting re potential increase in membership fee.

5. **Training – Amelia**

Training has continued on Mondays and Wednesdays, and we moved to the winter routes on Mondays, and the Honeybourne Line on Wednesdays, from the beginning of October. We continue to have good numbers for both sessions, with some new and returning members.

The Friday hill/off-road series was useful and thank you to Jon and Liza for taking those. However, the lack of daylight now and low attendance means that we're not carrying on with this at the moment.

Run Leaders has been asked to assist with organising the Monday runs for a month at a time; Rachel has taken this on in November and other Leaders have said they'll help at later dates. We will switch to different Monday routes to the current one at some point.

Andy Brookes and Paul Northup recently qualified as EA Leaders in Running Fitness and have been added to the list of Leaders on our website. Matt and Tim are still planning to undertake the CiRF course when there are suitable dates available.

Joel suggested to run a 5k time trial on a Wednesday evening to mix up the training. It was agreed to proceed with this in the next few weeks and run every few months.

CLC policy remains for the club not to meet inside on Monday/Wednesday evenings, they are however happy for members to meet just outside the entrance where it is better lit.

6. **Staverton 10 – Eoin**

We have a provisional license and entries are open. We are waiting on an event adjudicator to confirm to get the full license as Graham Fletcher has stopped doing it, Claire Harrison has been asked as replacement. The event is provisional until an event adjudicator is confirmed.

Entries opened on Monday, there are 202 already. There is a plan to allocate a small number of free entries for elite runners.

The Police, Farm and Aviator have all confirmed it's ok. Local Event Medics have been booked for medical cover and a provisional booking has been made with AndyLoos for 5 portaloos.

Once again Lush Timing have been booked for chip timing and Up and Running will provide numbers

The decision has been taken not to offer mementos, and a small reduction in price has been made as a result (£14/16).

Decision also taken to offer Up and Running Vouchers instead of trophies (amount TBD when we finalize the accounts).

Runners are to be asked to bring their own water bottle but there will be one filling station at the Aviator along with some cups to use if people need them (but we are not advertising this).

All in all we are in decent shape – we just need the adjudicator to confirm.

7. **Club Welfare Policy and admission of under 18's**

A draft Welfare Policy has been provided to the Committee for review and comment.

Feedback was received from Paul Northup in relation to the policy and suitability of the training undertaken by the club for 16-18 year olds. Consideration is needed to how the club can support this age group and ensure they are not over training or exceeding their capabilities.

It was suggested that if 16/17 year olds are accepted into the club that they have an induction with a Coach to ascertain their abilities, running routine and etc.

Consideration needs to be given as to whether it is really feasible to open membership to 16/17 year olds due to the burden this may place on trainers and individuals on the committee.

It was proposed that all LiFR and CiRF members provide the Club Secretary with their DBS certificates so a record can be maintained of those that hold it and associated renewal dates.

Action: Collect details and renewal dates of all DBS certified members. Matt/Gavin

It was agreed that the club will not lower the age of membership to 16, it was however agreed that the Committee would review requests for 16/17 year olds on a case-by-case basis to determine if we would be willing to allow them to train with the club.

Action: Make contact with England Athletics to ascertain how to proceed with membership for 16/17 year olds and associated insurance. Matt

Action: Make contact with parent of Thomas Whittaker re attendance at training. Matt

The Club Welfare Policy was accepted by the Committee and will be provided to members and made available on the club website.

8. **Social events update – Tom**

No updates to social events; Christmas social in a couple of weeks is organised and looking like a good turn-out. Will look at further socials in the new year.

9. **Events update – Rachel**

Nothing to report

10. **Kit update – Laura**

Kit is now on the Gloucester Sports website for members to order. Joel is going to hold the mens kit and Rachel the womens kit for a few months whilst Laura is away.

Gloucester Sports are also looking at hoodies for the club and will provide a sample to try.

11. **Any other business**

a. **Report writing for events/races**

It was noted that there have been limited reports on recent races and events which can be published on the website to members.

Action: Will to discuss with Paul N and determine if support can be provided to aid drafting of reports.

b. **Parkrun takeover**

Action: Jon to raise with Mat Benfield to do KGV towards end of February.

Matt A has spoken to Charlie at Pittville parkun and 12 February has been proposed, decided it would be preferable to move to April when it's back on the summer course, committee to progress.

12. **Date and location of next meeting**

Proposed dates for 2022 (subject to confirmation)

20 January

7 April (for awards)

19 May (AGM)

8 September

10 or 24 November

ACTIONS

Date raised	Action	Assigned to	Updates
2020-01-15	Consider GDPR requirements to ensure the club is adhering to the legislation. Update to be provided to the next committee meeting.	Matt	Complete
2020-09-16	Draft a Member Welfare policy	Matt	Complete
2021-05-20	Consider how to reconcile those members who attended Friday track training to check who has/has not paid.	Eoin and Rachel	Complete
2021-07-15	Investigate options for a September and Christmas event.	Tom	Complete
2021-07-15	Events to be added to the website once Rachel has completed the list.	Rachel	In progress
2021-09-16	Commence preparation for running the race noting that the committee will monitor any changes re Covid and etc.	Eoin	Complete
2021-09-16	Meet to discuss options for supporting coaches with Monday and Wednesday training sessions.	Jon/Amelia	Complete
2021-09-16	Discuss options with Gloucester Sports re provision of all club kit.	Laura	Complete
2021-09-16	Email members re kit available for purchase	Laura	Complete
2021-09-16	Chat with Mat B re KGV parkun takeover	Jon	
2021-09-16	Approach Charlie re Pittville parkun takeover	Matt	Complete
2021-11-11	Decision to be taken at the January meeting re potential increase in membership fee	Gavin	
2021-11-11	Collect details and renewal dates of all DBS certified members.	Matt/Gavin	
2021-11-11	Make contact with England Athletics to ascertain how to proceed with membership for 16/17 year olds and associated insurance	Matt	
2021-11-11	Make contact with parent of Thomas Whittaker re attendance at training	Matt	

2021-11-11	Will to discuss with Paul N and determine if support can be provided to aid drafting of reports.	Will	
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