



CLC STRIDERS COMMITTEE MEETING

**Thursday 16 September 2021 at 2000
Via Zoom**

AGENDA

1. Minutes of the Last Meeting
2. Actions from the previous meeting (see table below)
3. Treasurers update - Eoin
4. Membership update – Gavin
5. Training – Amelia / Captains
6. Staverton 10 (Eoin)
7. Social events update – Tom (by exception)
8. Events update – Rachel (by exception)
9. Kit update – Laura (by exception)
10. Any other business
 - a. Marketing (Jon)
 - b. Cheltenham Half marathon 2022 (Jon)
 - c. Parkun takeover (Jon)
 - d. Website training (Jon)
11. Date and location of next meeting
 - a. Future meeting frequency

Apologies Received:



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MINUTES

In attendance

Amelia Mullins
Eoin McQuone
Gavin Jerman
Jon Howes (Chair)
Karlien Heyrman
Laura Daubney
Matt Ashman
Rachel Vines
Sophie Longmore

Apologies

Tom Kabala
Will Pearce

1. Minutes of the last meeting

The minutes of the last meeting were agreed and accepted as an accurate record. There were no further comment

2. Actions from the previous meeting

See table at the end of the minutes for all completed and outstanding actions.

3. Treasurer's update - Eoin

£6,478 currently in the bank account, no significant changes since the last meeting. Payment has been made for the Midlands Road Relay and the Birmingham XC.

4. Membership update – Gavin

96 members paid up, since the last meeting there have been 3 new members and 3 resignations. 6 members have not renewed, they have been chased to pay by 1 October or may be resigned.

There are some trial members who need to be requested to join the club or not attend training further.

5. Training - Amelia

Training on Mondays and Wednesdays has continued as normal over the past couple of months, using the summer routes and the CLC sports field. The number of members turning up has been good, and there have been several prospective members coming along, some of whom have come back.

I would like to note the help of our LiRFs in stepping in to take sessions when coaches haven't been available. It has been crucial to the smooth running on the club, to be able to call on enthusiastic and skilled LiRFS such as Matt, Tim, Eoin and Jon. Thank you from me and the other coaches.

During September, we've also been holding a series of four Friday evening sessions to help prepare for the cross-country season, incorporating hills and off-road running. These have been led by Jon and Liza. These sessions have been enjoyed by those attending, although I'm not sure the relatively low numbers warrant continuing with the sessions, unless Jon/Liza particularly want to. We would also need to consider the location going forward, due to the lack of daylight.

With the darker evenings looming, we will revert to using the winter routes on Mondays and the Honeybourne Line on Wednesdays. This usually happens around the end of September/start of October. I'm happy to publicise this within the club near the time.

When we change to the winter routes, I propose that runners meet outside the front of the CLC sports centre entrance on Mondays and Wednesdays. I'll ask Brendan if this is okay and whether we could gather inside if the weather is bad (either downstairs or in the reception area).

Matt and Tim are planning to undertake the CiRF course when the next set of suitable dates arise.

Will has entered one Masters team of 6 (over 35s) for Sutton Park Road relays next Saturday 25th. Shame not to have 2 teams but a few people injured or with other commitment, hopefully Masters team has a good chance.

Action: Jon and Amelia to meet to discuss options for supporting coaches with Monday and Wednesday training sessions.

6. Staverton 10 – Eoin

It was noted that there is a strong desire to run the race but consideration needs to be given to any potential impact from Covid-19. Main costs are chip timing, first aid cover and momentos – the latter could be forfeited.

Should the race need to be cancelled we could either postpone to later in the year or defer all runners to the following year.

There is a need to gain permission from Highways for permission to run the race which needs to be applied for in the next few months.

It was agreed that momentos would not be provided to runners to reduce costs and planning for running the race would commence.

Action: Eoin to commence preparation for running the race noting that the committee will monitor any changes re Covid and etc.

7. Social events update – Tom

Social planned for 30th September at Bath Road beers. It is booked but Tom needs to firm up details with the manager (who has been away), then will send out another email to the club.

Christmas party – not much progress as yet, some dates to work with (based off 5 committee responses, if anyone else is keen to join, can you complete the poll?). Committee member to let Tom know if any other suggestions for venue. Dowty's, Hilton and the Find have been mentioned. Tom will start making some enquires.

8. **Events update – Rachel**

Road Relays starting next weekend, there are 2 women's and 1 men's team taking part.

The list of fixtures has been drafted for the website and will be published once all are confirmed.

The entries for the first Gloucester League XC have opened.

9. **Kit update – Laura**

Laura has been in contact with Gloucester Sports re putting training tops on their website which has been agreed. This will save the club needing to hold stock and they have already ordered a selection of tops for members to purchase.

Action: Laura to discuss options with Gloucester Sports re provision of all club kit.

Action: Email members re kit available for purchase.

10. **Any other business**

a. **Marketing**

Consideration to be given to creation of more videos for Facebook and Instagram along with promoted and targeted posts.

Committee members to hand out business cards at events to promote the club.

b. **Cheltenham half marathon 2022**

Consideration to be given to having a club presence at the half marathon next year. Likely will need to make contact with the organisers to ascertain if they are open to this.

c. **Parkrun takeover**

Committee agreed to approach both KGV and Pittville parkrun's to do a 'take-over'.

Action: Jon to chat with Mat re KGV for 23 October or 6 November.

Action: Matt to approach Charlie re Pittville

d. **Website training**

Mat B will undertake some website training on a Friday evening for committee members Joel, Jon and Rachel interested.

Date to be confirmed - potentially 15 October.

e. **Club tent**

There is currently 1 fully functional tent and 1 broken (which will be disposed of). Consideration to be given to purchasing a new tent.

11. **Date and location of next meeting**

Thursday 18 November 2021

a. **Meeting frequency**

It was agreed to move meetings to end January, early April (for awards), May (AGM), early September, end November. Dates will be circulated in due course.

ACTIONS

Date raised	Action	Assigned to	Updates
2020-01-15	Consider GDPR requirements to ensure the club is adhering to the legislation. Update to be provided to the next committee meeting.	Matt	In progress
2020-09-16	Draft a Member Welfare policy	Matt	In progress
2021-05-20	Consider how to reconcile those members who attended Friday track training to check who has/has not paid.	Eoin and Rachel	In progress
2021-07-15	Investigate options for a September and Christmas event.	Tom	In progress
2021-07-15	Events to be added to the website once Rachel has completed the list.	Rachel	In progress
2021-09-16	Commence preparation for running the race noting that the committee will monitor any changes re Covid and etc.	Eoin	
2021-09-16	Meet to discuss options for supporting coaches with Monday and Wednesday training sessions.	Jon/Amelia	
2021-09-16	Discuss options with Gloucester Sports re provision of all club kit.	Laura	
2021-09-16	Email members re kit available for purchase	Laura	
2021-09-16	Chat with Mat B re KGV parkun takeover	Jon	
2021-09-16	Approach Charlie re Pittville parkun takeover	Matt	

