



CLC STRIDERS COMMITTEE MEETING

**Thursday 15 July 2021 at 2000
Via Zoom**

AGENDA

1. Minutes of the Last Meeting
2. Actions from the previous meeting (see table below)
3. Treasurers update - Eoin
4. Membership update – Gavin
5. Training – Amelia / Captains
6. Social events update – Tom (by exception)
7. Events update – Rachel (by exception)
 - a. Updated fixtures list for the website
8. Kit update – Laura (by exception)
9. Any other business
10. Date and location of next meeting

Apologies Received:



CLC STRIDERS COMMITTEE MEETING

Thursday 15 July 2021 at 2000
Via Zoom

MINUTES

In attendance

Amelia Mullins
Eoin McQuone
Gavin Jerman
Jon Howes (Chair)
Karlien Heyrman
Laura Daubney
Matt Ashman
Rachel Vines
Sophie Longmore
Tom Kabala

Apologies

Will Pearce

1. Minutes of the AGM

The minutes of the AGM meeting were agreed and accepted as an accurate record. There were no further comment

2. Actions from the previous meeting

See table at the end of the minutes for all completed and outstanding actions.

3. Treasurer's update - Eoin

- a. Discussed that we still needed to reconcile the attendees at Friday night training with the payments received. EM to send RFV the list of payments and RFV will go through her records to reconcile and identify non payers to chase.
- b. Noted that the club spent £770 on the track which included the winter and summer sessions and received £231.
- c. Agreed that we would offer a 10 week block of track sessions each summer and try to work in some different training blocks e.g. cross country, hill repeats, park runs etc.
- d. EM also mentioned that 7 people hadn't yet paid for their Cotswold way relay place. EM to chase.

4. Membership update – Gavin

- a. We have 91 people paid up, 11 not renewed and 2 new members since the last meeting.

5. Training - Amelia

The past couple of months have seen our training sessions revert to 'almost normal', after the disruption of the past year or so. Our Monday social runs start at the Honeybourne entrance on Malvern Road and use the summer routes through Pittville Park and round the racecourse. The Wednesday interval sessions are currently taking place on the CLC sports field – thank you to Matt who has been helping out with coaching when needed. We have also held regular Friday evening interval training sessions on the Prince of Wales track.

Both Mondays and Wednesdays are attracting good numbers of members, as well as a steady trickle of new runners trying us out. Numbers attending on Fridays have been fairly low but these sessions have been enjoyed by those attending. We could potentially publicise/encourage attendance at the Friday sessions a bit more.

We plan to carry on with the current arrangements for the foreseeable future. Brendan will update us when we are able to access the sports centre more freely, for example to use lockers. It is also expected that, as in previous years, we may need to train at Pittville Park (and Hatherley Park) later in summer, when we are asked not to use the grass track.

We discussed getting more LIRFs involved in training/leading groups. Agreed that AM would contact them to sign up to a regular slot e.g. once every x weeks or one offs.

6. **Social events update - Tom**

Consideration being given to events now lockdown is easing including an outdoor summer event at a pub garden and a Christmas event.

Action: Tom to investigate options for a September and Christmas event.

7. **Events update - Rachel**

Dates for Cross Country, both Midlands and Gloucester league, now available and will be emailed to members in due course.

A 'short course' cross country event is taking place on 21 August.

Consideration to be given to Midland Road Relays which start on 25 September – need to start informing members and encouraging entries.

a. Updated fixtures list for the website

Action: Events to be added to the website once Rachel has completed the list

8. **Kit update – Laura**

Kit part of the website has been updated with detail of current stock.

Few more vests have been sold and some interest received in training tops. Gloucester Sports offer the option for members to buy kit directly from them, consideration to be given to using them moving forward for all kit requirements.

9. **Any other business**

a. MA mentioned getting more people trained on updating the website. Do we need a webmaster/social media person on the committee?

b. We also discussed the number of meetings per annum e.g. should we move to quarterly rather than every two months. This would mean quite a big gap between ordinary committee meetings either side of an AGM.

10. **Date and location of next meeting**

Thursday 16 September 2021

Thursday 18 November 2021

ACTIONS

Date raised	Action	Assigned to	Updates
2020-01-15	Consider GDPR requirements to ensure the club is adhering to the legislation. Update to be provided to the next committee meeting.	Matt	In progress
2020-09-16	Draft a Member Welfare policy	Matt	In progress
2021-05-20	Consider how to reconcile those members who attended Friday track training to check who has/has not paid.	Eoin and Rachel	
2021-07-15	Investigate options for a September and Christmas event.	Tom	
2021-07-15	Events to be added to the website once Rachel has completed the list	Rachel	

