



CLC Striders Running Club Constitution

November 2020

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1. Interpretation

Unless the context requires otherwise, the following terms in these Rules shall have the following meaning respectively:

AGM	has the meaning given in section 8;
Committee	means the management committee of the Club from time to time;
Chair	means the person from time to time appointed as chair of the Club in accordance with these Rules;
Club	means the club intended to be regulated by these Rules;
EGM	has the meaning given in section 8;
England Athletics	means England Athletics Limited (company number: 05583713) (or its successor body);
General Meeting	means a general meeting of the Members (being either an AGM or an EGM);
GDPR	The General Data Protection Regulations
Member	means a member of the Club (and a member shall be legally bound by these Rules in accordance with rule 10);
Objects	has the meaning given in section 3;
Officers	means the members of the Committee;
Club Secretary	means the person from time to time appointed as secretary of the Club in accordance with these Rules;
Treasurer	means the person from time to time appointed as treasurer of the Club in accordance with these Rules;
UKA	means UK Athletics Limited (company number 03686940) (or its successor body);

2. Club Name & Colours

The Name of the club is CLC Striders Running Club (“CLC Striders”)

CLC Striders are based at the CLC Health & Fitness Centre, Malvern Road, Cheltenham, Gloucestershire, GL50 2NX (“the Club”).

The Club was established in 2008.

The Club Colours are green/black/white.

3. Objects Of The Club

The Objectives of the Club are:

- to facilitate participation in and promotion of recreational and competitive running in the area of Cheltenham and amongst the community and related sporting & social activities;
- to do all such things as the Committee thinks fit to further the interests of the club or to be incidental or conducive to the attainment of all or any of the objects above.

4. Ethos

The Club is committed to ensuring that equity is incorporated across all aspects of its operations, activities and development. In doing so, the Club acknowledges and adopts the following Sport England definition of sports equity:

‘Sports equity is about fairness in sport, equality of access, recognising inequalities and taking steps to address them. It is about changing the culture and structure of sport to ensure it becomes equally accessible to everyone in society’.

The Club respects the rights, dignity and worth of every person and shall treat everyone equally within the context of their sport, regardless of age, ability, gender, race, ethnicity, religious belief, political views, sexuality or social/economic status.

The Club is committed to everyone having the right to enjoy their sport in an environment free from threat of intimidation, harassment and abuse.

All Members have a responsibility to oppose discriminatory behaviour and promote equality of opportunity.

The Club will deal with any incidence of discriminatory behaviour seriously according to the Club's disciplinary procedures provided at Section 20.

5. Affiliation

Subject to these Rules and the general law, the Club shall (as the case may be) become a member of or affiliate to England Athletics and any constituent body designated to it by England Athletics and the Club shall comply with and uphold the rules and regulations of England Athletics and of any such

constituent body for the time being in force.

6. Membership Of The Club

The Members from time to time shall be those persons listed in the Club's register of members which shall be maintained by the Membership Secretary.

a. Membership

Any person who wishes to be a Member must apply using the membership form on the club website (or in such form as is determined by the Committee from time to time) which will be electronically provided to the Membership Secretary for processing subject to the Club's Privacy Policy.

Membership of the Club shall be open, on application, to anyone interested in recreational or competitive running and will be open to all without discrimination and may only be refused where admission to membership would be contrary to the best interests of sport or the good conduct and interests of the Club. No person shall be denied membership of the Club on the grounds of race, ethnic origin, colour, age, disability, sex, occupation, sexual orientation, religion, political or other beliefs.

By becoming a member of the Club, every member agrees to abide by the Club's Constitution and Rules; the Rules of Competition and other rules and regulations of UK Athletics Limited; and the rules and regulations of England Athletics Limited (or relevant successor bodies).

b. Membership

Ordinary Members

Anyone can become an Ordinary Member, provided that: they are an amateur as defined from time to time by UK Athletics and that they are aged 18 or over at the date of their application.

Ordinary Members may be deemed a 'second claim' Ordinary Member, if they are a 'First Claim' member for another affiliated running club to UK Athletics.

Ordinary Members shall be entitled to receive notice of, attend and vote at general meetings of the Club.

Honorary Members

Honorary membership may be conferred by the Committee upon individuals who are active in club affairs but are no longer actively competing. Honorary Members shall have voting rights but shall not pay subscriptions. Honorary membership shall end when so determined by the Committee.

c. Subscriptions

The Club shall, as a condition of membership, require annual or other periodic subscription fees to be paid by Members of the Club. Subscription fees are determined from time to time by the Committee who shall ensure that the subscription fees are set on a non-discriminatory basis and do not preclude open membership of the club.

The subscription fee is payable:

1. following submission of the Membership Form
2. on or around the 1 April each year (“the club membership year”)

Subscription fee requests will be sent electronically to the applicant by the Membership Secretary via the England Athletics website.

Members having arrears of subscriptions of more than four weeks may have their membership automatically terminated and will not be eligible to participate in the affairs or activities of the Club, including voting in any General Meeting. Payment of a full subscription at a later date will enable the former member to be readmitted by the Committee.

d. Cessation of Membership

Members may resign from membership at any time by notice to that effect given to the Membership Secretary.

Membership shall not be transferable and shall cease immediately on the failure of the member to comply with any condition of membership set out in this Constitution.

The Committee shall have the power to expel a Member when in its opinion it would not be in the interests of the sport or the Club for them to remain a member. Such expulsion shall be carried out in accordance with the Disciplinary Procedures set out in section 20.

Membership of the Club shall terminate if:

- the Member dies;
- the Member, being an individual, is convicted of a criminal offence which involves dishonesty or any other offence, relating to safeguarding, drugs and any crime involving violence (including any convictions relating to children);
- the Member resigns by notice in writing to the Club by giving at least seven days' notice in writing to the Club provided that upon such resignation the number of Members is not less than one;
- the Member is in arrears to the Club and his or her subscriptions or any other payments are at least four weeks overdue;
- the Member is removed from membership by a resolution of the Committee as a result of application of the Club's (or England Athletics) disciplinary policy.

Any person ceasing to be a Member forfeits all rights in relation to and claims upon the Club, its property and its funds and has no right to the return of any part of his subscription fee.

In the event of a Member's resignation or expulsion, his or her name shall be removed from the Club's register of members.

e. Privacy policy

CLC Striders are committed to protecting and respecting your privacy. For any personal data you provide for the purposes of your membership, CLC Striders is the Data Controller and is responsible

for storing and otherwise processing that data in a fair, lawful, secure and transparent way. The full privacy policy is available at <https://clcstriders-runningclub.co.uk/privacy>.

7. The Club Committee

a. Officers/Members

The day to day management of the Club shall be deputed to a Committee consisting of seven (7) Honorary Officers and not more than eight (8) Ordinary Committee Members.

b. Ex-Officio Honorary Officer (Club President)

The Honorary President of the Club shall perform duties representing the Club and may provide guidance on strategy and probity as required. The President shall not be a member of the Committee [but may be invited to Committee meetings]. The President shall be nominated annually by the Committee and be ratified by the members at the Annual General Meeting (“AGM”).

c. Honorary Officers

The Honorary Officers of the Club shall be:

- the Chair,
- the Club Secretary,
- the Treasurer,
- the Membership Secretary,
- the Men’s Captain,
- the Ladies’ Captain,
- a Club Coach (to represent all coaches)

Honorary Officers shall be nominated in accordance with the procedure entitled “Election of Committee” set out below and elected by the Members at the AGM.

The Honorary Officers shall remain in office for a term of two years after their election until the end of the AGM in the second year after their election and shall be eligible for re-election. These Officers may delegate and assign tasks to other members of the Committee and Club.

If the number of candidates for the post of any Honorary Officer (as each falls for election) is only one, that candidate shall be declared elected unopposed. If the number of candidates is more than one, ballot papers shall be prepared containing in alphabetical order all the names thus proposed: every eligible Member may vote for each office with the first candidate to reach a majority elected.

d. Ordinary Committee Members

The Ordinary Committee Members shall be:

- Deputy Men’s Captain
- Deputy Ladies’ Captain
- Social coordinator
- Kit coordinator

- Web developer
- Press coordinator
- Events coordinator

The Ordinary Committee Members shall be nominated in accordance with the procedure entitled “Election of Committee” set out below and elected by the Members at the AGM. The Ordinary Committee Members shall remain in office for a two year term until the end of the AGM in the year after their election and shall be eligible for re-election.

Ordinary Committee Members shall aid the Honorary Officers by undertaking tasks and roles to facilitate the day to day operation of the Club. The allocation of these duties shall be by mutual consent between the Honorary Officers and the respective Ordinary Committee Member. Duties may be reallocated at any time as required and may be delegated to Members of the Club. The Ordinary Committee Member shall report to and advise the Committee on the status of such tasks.

Ordinary Committee Members are not required to attend committee meetings unless they have an item to present or provide direct input to. They do not have formal voting rights on the Committee.

e. Election of Committee

Any Member may be nominated by any other two Members, with his/her approval, as a candidate for any of the posts of Honorary Officer or Ordinary Committee Member either by notice in writing (including email) to the Club Secretary at least two weeks before the date of the Annual General Meeting, or at the Annual General Meeting.

A Member may accept nomination for any of the separately elected posts constituting the Committee, subject to being eligible to hold only one of these posts at any time. If a Member shall be elected to a post during the prescribed course of business, his or her name shall be deleted from all subsequent voting for the remaining elected posts at that meeting.

If the number of candidates for election as the Ordinary Committee Members shall be equal to or less than the number of vacancies, they shall be declared elected unopposed. If the number of candidates is greater than the number of vacancies, ballot papers shall be prepared, containing in alphabetical order all the names thus proposed: every eligible Member may vote for as many candidates as there are vacancies and those candidates with the most votes will be elected until all vacancies were filled.

f. Leaving Office

The office of an elected member of the Committee shall be vacated if he or she resigns at any time by notice in writing to that effect given to the Secretary .

The Committee shall have the power to appoint a Member to fill any casual vacancy on the Committee or amongst the Honorary Officers until the next AGM. Any Committee Member so appointed shall retire at the next Annual General Meeting but shall be eligible for election at such meeting in accordance with the provisions for Proceedings at General Meetings. Any Honorary Officer so appointed shall only remain in office until the AGM at which their predecessor was due to retire.

g. Proceedings of The Committee

The Committee shall meet at least four times each year in person (or virtually) and as often as may from time to time be necessary. Any additional meetings (above 4) may be held in a manner agreeable to the Committee (including by telephone/online conference call).

Two-thirds (rounded to the nearest whole), of the voting members of the Committee shall be the quorum necessary for the transaction of business. A meeting of the Committee at which a quorum is present and has been properly convened shall be competent to exercise all the powers and discretions invested in the Committee by these Rules.

The Committee may act notwithstanding any vacancy in its numbers, so long as the number of members of the Committee entitled to vote is not reduced below seven in which case it shall be entitled to act only for the purpose of appointing or arranging the election of new members of the Committee.

Questions arising at any meeting shall be determined by a simple majority of votes illustrated by a show of hands. In the case of an equality of votes, the Chair shall have a casting or additional vote.

The Committee may regulate their meetings and proceedings as they think fit. The Committee shall, within two weeks of each meeting, record the decisions that it has taken and publicise these to Club Members. As soon as is reasonably possible after a meeting, the Secretary shall distribute minutes of the meeting to the other Committee members for comment.

The Committee may invite persons who are not members of the Committee to address a meeting of the Committee.

h. Powers of The Committee

The Committee shall be responsible for the management of the Club and shall have the following specific powers to:

- i. make Club Rules and regulations to allow for the day to day operation of the Club and its activities. Such Club Rules may not supersede or contradict provisions of the Constitution and must be reasonably available to Members.
- ii. operate a Member's Welfare policy in accordance with the Policy and Procedures issued by UK Athletics Limited.
- iii. appoint any person or persons to accept and hold in trust for the Club any property belonging to the Club or in which it is interested. The Chairman from time to time is nominated as the person to appoint new trustees within the meaning of Section 36 of the Trustee Act 1925. A new trustee shall be nominated by resolution of the Committee and the Chairman shall by deed duly appoint the person or persons so nominated as the new Trustee or Trustees of the Club and the provisions of the Trustee Act 1925 shall apply to such appointment.
- iv. make and give receipts, releases and other discharges for any amount payable to the Club and for claims and demands of the Club.
- v. invest, place on deposit and deal with any finances of the Club not immediately required

- upon any investments or securities which the Committee thinks fit.
- vi. issue, sign, draw, endorse, negotiate, transfer and assign all cheques, bills, drafts, promissory notes, securities and instruments, negotiable and non- negotiable, to operate on the Club's banking accounts.
 - vii. enter into all such negotiations and contracts and rescind and vary all such contracts and execute and do all such acts, deeds and things in the name of, and on behalf of, the Club as they may consider expedient,
 - viii. pay all the costs and expenses of, and incidental to, any of the aforesaid matters and things.
 - ix. determine how and by whom any such power shall be executed, operations effected and documents signed or things done.
 - x. appoint Members or sub-Committees consisting wholly or partly of the members of the Committee to exercise such functions as the Committee may from time to time delegate to them.
 - xi. organise Club activities.

The members of the Committee and any trustees appointed under paragraph (iii) above to act as trustees shall be entitled to an indemnity out of the assets of the Club for all expenses and other liabilities properly incurred by them in the management of the affairs of the Club.

i. Conflicts of Interest

Each Officer shall declare the nature and extent of any direct or indirect interest in a transaction or arrangement with the Club or a third party which conflicts or may possibly conflict with his or her duties to the Club.

If the non-conflicted Officers deem there to be a material conflict, the conflicted Officer should withdraw from that part of the meeting and shall not vote.

If there is deemed not to be a material conflict by the non-conflicted Officers, the Officer that declared the conflict shall be allowed to re-join the meeting, take part and vote as applicable.

j. Disqualification from Office

A person shall cease to hold office as an Officer if:

- i. they cease to be a Member for any reason whatsoever.
- ii. they are disqualified from holding office as a company director;
- iii. they are subject to a decision of England Athletics or UKA that such person be suspended or disqualified from holding office or from taking part in any activity relating to the administration or management of a club;
- iv. the Committee reasonably believes that he or she has become incapable by reason of illness or injury of managing and administering his or her own affairs and it decides to remove him or her from office;
- v. they resign from his or her office by notice to the Club;
- vi. As an Honorary Member, they are absent without the permission of the Committee from all its meetings held within a period of six months without good reason and the Committee decide that his or her office be vacated;
- vii. a bankruptcy order or an order is made against them in individual insolvency proceedings in

- a jurisdiction other than England and Wales which has an effect similar to that of bankruptcy;
- viii. they make a composition with his or her creditors generally in satisfaction of his or her debts;
 - ix. they are removed from office by the Committee on the grounds that he is in material or persistent breach of the Club's code of conduct as amended from time to time. A decision to remove an Officer from office under this rule may only be passed if:
 - a. the Officer has been given at least twenty one clear days' notice in Writing of the Committee meeting at which the decision will be made and the reasons why it is to be proposed; and
 - b. the Officer or, at the option of the Officer, the Officer's representative (who need not be an Officer) has been allowed to make representations to the meeting; or

k. Minutes

The Committee shall cause minutes to be kept for the purpose:

- i. of all appointments of Officers made by the Members or the Committee;
- ii. of all resolutions of the Members and of the Committee (including decisions of the Committee made outside a meeting); and
- iii. of all proceedings and reports of meetings of the Club and of the Committee, and of sub-committees, including the names of those present at each such meeting.

l. Communications by the Club

Subject to these Rules, any document or information (including any notice, report or accounts) sent or supplied by the Club under these Rules may be sent or supplied:

- i. in hard copy form;
- ii. in electronic form; or
- iii. by making it available on a website or internet forum.

8. Club Meetings

The accidental omission to give any such notice to, or the non-receipt of any such notice by, any person entitled to receive the same shall not invalidate the proceedings at any General Meeting. Every notice calling a meeting shall specify the general nature of the business to be transacted and shall specify if the meeting is to be an AGM.

At all such meetings the President or Chair, or in his or her absence a member of the Club selected by those members of the Committee present, shall take the Chair. At all special General Meetings every Member shall have one vote unless disqualified from voting by the Constitution. Votes may be given personally or by proxy. Every resolution submitted to a meeting shall be decided by a show of hands and in the case of an equality of votes the Chair of the meeting shall have a casting vote.

The following rules shall apply to all General Meetings:

- i. the quorum for a General Meeting shall be at least two-thirds of the Honorary Members personally present and entitled to vote. No business shall be transacted at any special General Meeting unless the required quorum is present. If, within an hour following the time appointed for the meeting a quorum is not present, the meeting shall stand adjourned to a time and a place agreed by the majority of Members present. If, at such adjourned meeting a quorum is not present, those Members who are present shall be a quorum and may transact

- the business for which the meeting was called.
- ii. all resolutions (and amendments thereto) shall be put to the meeting.
 - iii. resolutions proposed for consideration by a General Meeting shall be submitted in writing to the Club Secretary at least two weeks before the date of the meeting.
 - iv. amendments may be proposed at any time during debate, although the Chair shall have the right to require these to be put in writing together with the name of the proposer.
 - v. the Chair shall deal with amendments in the strict order in which they are proposed, although he/she shall have the right to refuse amendments which negate the resolution. If an amendment to a resolution is proposed, no further amendments shall be proposed until the first is disposed of. If an amendment is lost, a further amendment may be moved to the original resolution but only one amendment shall be submitted to the meeting at one time; if an amendment to a resolution is carried, then the resolution as amended shall become the resolution to which further amendments may be proposed.

During the course of debate the proposer of a resolution may accept an amendment to the resolution, in which case the amended resolution shall become the resolution under debate. The proposer can withdraw a resolution or amendment. The resolution shall be debated and decided by the meeting.

The Chair of the General Meeting may, with the consent of the meeting, adjourn the same from time to time and from place to place but no business shall be transacted at any adjourned meeting other than the business left unfinished at the meeting from the point at which the adjournment took place.

a. Annual General Meetings

The Annual General Meeting of the Club shall be held each year, on a date and at a reasonable time and place to be fixed by the Committee for the following purposes and order of business:

- to receive from the committee an Annual Report, balance sheet and statement of accounts for the preceding financial year;
- to elect the Honorary Officers and the Committee and to ratify the selection of the Honorary President.
- to decide on any resolution which may be duly submitted to the meeting as provided by these Rules.

Not less than three weeks' notice of an AGM specifying the place, day and time of the meeting shall be given to the Members.

The AGM shall elect from those present a Returning Officer to oversee any elections conducted at the meeting.

b. Special General Meetings

Not less than three weeks' notice of a Special General Meeting specifying the place, day and time of the meeting shall be given to the Members.

The Secretary shall, on the requisition in writing (including email) of not less than 20% of Members entitled to vote at such meetings, convene a Special General Meeting within four weeks of the receipt by him or her of the requisition stating the business to be raised. No other business is to be discussed at a Special General Meeting.

9. Accounts

A bank account shall be opened and maintained in the name of the Club. Designated account signatories shall be the Chair, the Club Secretary and the Treasurer.

No sum shall be expended from the Club Account except by cheque signed by two of the designated signatories or by electronic transfer approved by at least one of the designated signatories subject to a maximum amount fixed by the Committee. All monies payable to the Club shall be received by the Treasurer and deposited in the Club Account as soon as is reasonably practicable.

The Club Account shall be managed in accordance with the reasonable instructions of the Committee (acting collectively) from time to time.

The Treasurer will ensure proper accounts are kept and provide Committee Members with accurate financial reports at each Committee meeting.

The Club's financial records shall always be open to inspection by the Committee.

The Club's Financial Year shall run from April 1 to March 31 each year or such other date as the Committee may determine from time to time provided that no financial year shall be shortened to less than nine months or extended to more than fifteen months.

The Treasurer shall present accounts for the previous Financial Year to the AGM for consideration and ratification, copies of these will be available to Members at the meeting. If the Accounts are not accepted at the AGM, a qualified Accountant may be appointed to investigate members' concerns.

a. Scheme of delegation

The Treasurer shall hold responsibility for day to day expenses attributable to Club activities.

Any expenditure totalling more than £500 requires approval by the Chair.

10. Property and Facilities

The property of the Club, other than cash at bank, shall be vested in the Honorary Committee Members who shall deal with the property as directed by resolution of the Committee.

The Club's facilities shall be provided to its members without discrimination.

11. Application of Surplus Funds

The Club is a non-profit-distributing organisation. All surplus income or profits are to be reinvested in the club and will be used to maintain or improve the Club or otherwise in furtherance of the Club's objects, or held as a cash balance in the Club's bank account.

The Club may also in furtherance with the objects of the Club:

- sell and supply food, drink and related sports clothing and equipment;
- remunerate members for providing goods and services, provided that such arrangements are approved by the Committee (without the Member being present) and are agreed on an arm's length basis;
- Pay in good faith interest on money lent by a Member at a commercial rate of interest;
- reimburse any Committee Member his/her reasonable and proper out of pocket expenses incurred on Club business;
- any premium in respect of the purchase and maintenance of indemnity insurance in respect of liability for any act or default of the Committee members in relation to the Club;
- pay for reasonable hospitality for visiting teams and guests.

No Member shall be paid a salary, bonus fee or other remuneration for competing for the Club.

12. Interpretation of Club Constitution & Rules

The Constitution may be added to, repealed, or amended by resolution at any Annual or Special General Meeting carried by a majority of at least two-thirds of the Members voting thereon.

The Committee shall be the sole authority for the interpretation of the Constitution and of Club Rules.

The decision of the Committee upon any questions of interpretation or upon any matter affecting the Club and not provided for by the Constitution, shall be final and binding on the Members except if otherwise directed by the Club in a Special or Annual General Meeting.

13. Personal Risk

Members acknowledge and accept that playing or participating in sport of any kind can be dangerous and may result in injury and damage to property. Members and guests shall take personal responsibility for their own actions and play or participate in the Club's sporting activities at their own risk.

The liability of the Club and its Officers to any Member is limited to the net assets of the Club.

Nothing in these Rules shall limit or exclude liability:

- for death or personal injury caused by negligence;
- for any loss or damage caused by criminal or fraudulent conduct; or
- for any other liability which cannot lawfully be limited or excluded.

14. Indemnity

Without prejudice to any other indemnity to which an Officer may otherwise be entitled, every Officer of the Club shall be indemnified out of the assets of the Club against any liability incurred by him or her in the proper discharge of his or her duties to the fullest extent permitted by law.

15. Bye Laws

The Committee may from time to time make such bye laws as they may deem necessary or expedient or convenient for the proper conduct and management of the Club and for the purposes of prescribing classes of and conditions of membership and in particular the Committee may by such bye laws regulate:

- i. the establishment of different categories of membership of the Club;
- ii. the admission and classification of Members and the rights and privileges of such Members and the conditions of membership and the terms on which Members may resign or have their membership terminated and the entrance fees, subscriptions and other fees or payments to be made by Members;
- iii. the creation of regulations, standing orders and bye laws for the better administration of the Club and to govern the functioning of sub-committees to assist the Committee in the better administration of the Club;
- iv. the adoption or alteration of such other regulations or policies as the Committee thinks fit;
- v. the conduct of Members in relation to one another and to the Club's Officers, staff, volunteers or beneficiaries including disciplinary procedures;
- vi. the terms on which Members and guests may be permitted to take part in the Club's sporting activities;
- vii. the setting aside of the whole or any part of parts of the Club's premises at any particular time or times or for any particular purpose or purposes;
- viii. any licensable or other regulated activities of the Club.
- ix. the procedure at General Meetings and meetings of the Committee and sub-committees insofar as such procedures are not regulated by these Rules;
- x. the appointment of proxies, the form and content of proxy notices, the delivery of proxy notices to the Club and the revocation of such appointments;
- xi. any procedures to assist the resolution of disputes within the Club;
- xii. generally, all such matters as are commonly the subject matter of club rules; provided that nothing in such bye laws shall prejudice the Club's affiliation to England Athletics.

The Club in General Meeting shall have power to alter, add to or repeal the bye laws and the Committee shall adopt such means as they think sufficient to bring to the notice of the Members all such bye laws.

16. Alteration of the Rules

No alterations or amendments shall be made to or in the provisions of these Rules except by resolution at a General Meeting in accordance with these Rules and shall be carried by the majority of at least three-quarters of the Honorary Members present.

The Club shall make no additions or alteration to these Rules without the express prior consent of England Athletics or, as the case may be, UKA (insofar as such consent is required under the rules and regulations of England Athletics or UKA for the time being in force).

17. Dissolution Of The Club

If at any special General Meeting a resolution for the dissolution of the Club shall be passed by a

majority of the Honorary Members present, a further special General Meeting shall be convened, to be held not less than four weeks thereafter (of which two weeks written notice shall be given to each Member in addition to the other provisions for Notices), to further consider the matter.

The members may vote to wind up the Club if not less than three quarters of those present and voting support that proposal at a properly convened special General Meeting. If successful, the Committee shall proceed to realise the property of the Club and discharge all liabilities.

Any property remaining after the discharge of debts and liabilities of the Club shall be paid to or distributed to another community amateur sports club for road running or athletics, or to UK Athletics Limited for use in community-related road running initiatives or to a charitable organisation having similar objects and affiliations, as nominated at the Special General Meeting.

18. Complaints and Disputes

All concerns, allegations or reports of malpractice or abuse relating to vulnerable adults will be recorded and responded to swiftly and appropriately in accordance with the Club's and EA's safeguarding policy and procedures. The Club Secretary shall be the lead Officer for all Members in the event of any safeguarding concerns.

Any complaints of misconduct (improper or unprofessional conduct) regarding the behaviour of Members or Officers shall be dealt with by the Club in accordance with its discipline and appeals process (see section 19) and must be presented in writing to the Club Secretary (and where the matter relates to the Secretary, the complaint must be submitted to the Chair). Unless exceptional circumstances apply, the Club Secretary will hear complaints within fourteen days of receiving a complaint. If the complaint is sufficiently evidenced, the Club Secretary will appoint 3 (three) Honorary Committee Members (who have no direct or indirect interest/involvement in the matter) to sit on a disciplinary panel. A decision of the disciplinary panel shall be final and conclusive.

Any appeals must be received by the Club Secretary within 7 (seven) days of receiving the written decision and, if appropriate, the appeals process will be followed.

Any complaints of serious misconduct (including, without limitation, theft, doping violations, fraud, physical violence, safeguarding policy breaches, serious breach of applicable health and safety, gambling and/or ticketing regulations or any act or omission of the Member or Officer which in the opinion of EA, acting reasonably, brings or is likely to bring the sport of athletics into disrepute) regarding the behaviour of Members or Officers shall be reported and dealt with by EA in accordance with its Disciplinary Procedures.

If a dispute arises between any Members or Officers of the Club about the validity or propriety of anything done by any Member or Officer under these Rules and the dispute cannot be resolved by agreement, the parties to the dispute must first try in good faith to settle the dispute by mediation before resorting to litigation.

19. Disciplinary Procedures

The Club shall not tolerate any physical or mental abuse, harassment, discrimination or defamation of any of its Members during, or subsequent to, club events, races, training sessions or club social

events.

Any Member may be disciplined or excluded from membership of the Club if his or her conduct has been, or is likely to be, prejudicial to the interests of the Club. Exclusion will be agreed by resolution of a majority of at least two thirds of those present and voting at a properly convened Committee Meeting and at which no fewer than five of the total voting members of the Committee shall be present

Such Member shall have one month's clear notice of the Committee Meeting sent to him or her together with details of the case against him or her. The Member shall be entitled to attend the Meeting and be heard in defence, but shall not be entitled to be present at the voting or take part in the proceedings other than as the Committee shall permit. If the Member is a member of the Committee, he or she shall not be entitled to vote.

Any Member disciplined or excluded from the Club for disciplinary reasons may lodge an appeal with the Committee and shall thereupon have the right to demand that the matter be referred to three arbitrators: one chosen by the Committee, one chosen and paid for by the aggrieved party and one by the two arbitrators. In the event that the first two arbitrators fail to agree on a third, the third arbitrator shall be appointed by the SEAA or other relevant organising body as shall be nominated by the Committee. Such arbitrators shall have the power by their award to annul the disciplinary action or exclusion, or to annul it subject to the performance of any condition, which the arbitrators may think fit to impose.

20. Notices

Any notice required to be given under this Constitution will be deemed to have been given and received having been sent by mail or email to the last known postal or address of the member as appropriate or by publication on the Club's website.

21. Declaration

The Club duly adopted these Rules as its governing document on Wednesday 18 November 2020.

Signed

Jon Howes - Chair

Signed

Matt Ashman - Club Secretary